

## **GOOD MORNING PROGRAM**

The Holden Fire and Police Departments are pleased to be sponsoring the "Good Morning Project" Program. This Program is designed to assist senior citizens and/or adults with disabilities who live alone in our community. The goal is to assist these residents so that they can continue living an independent lifestyle. The Good Morning Project aid's in eliminating many of the concerns families may have about loved ones who live alone. The Program provides the security of knowing that their family member will have a source of daily contact. And best of all, this Program is FREE.

Upon completing an application and its being approved, a firefighter or police officer from the Town of Holden will call the participant/resident daily, between 8 a.m. and 10 a.m., to say "Good Morning!" (In the event of an emergency where both the Fire and Police Departments are busy, the call may be made by someone from the Holden Town Office.) If contact cannot be made by telephone, a police officer, and/or firefighter will go to their residence to check on the welfare of the participant.

### **About the Program**

**Who is eligible?** Any Holden resident may be eligible for the Program if they are age 60 or older and live alone, and/or are an adult with a disability and live alone. A short application must be completed and a waiver signed, in order to participate. This will provide us with some basic information about the participant.

**Is there any charge for this program?** No. This program is a free service provided by the Holden Fire and Police Department's.

**How can I participate in this program?** Call 843-6737 or 843-5442, the numbers for the Holden Fire Department and Holden Police Department, or, simply visit the Town Office to pick up an application. And if you can't make it in, please let us know; we'll happily mail or deliver the paperwork to you.

**What if I have Lifeline?** If the person has Lifeline or some similar service which triggers assistance in an emergency, participation in the Good Morning Program only enhances and augments that service.

**Are you interested?** If you are interested in this program or know someone who might benefit from the "Good Morning Project" program, please contact us.